

# ENFORCR® GHOST SLEEVE

## How to Measure for the Perfect Fit

To ensure optimal protection and comfort, follow these simple steps to determine your correct Ghost Sleeve size:

### Locate the Measurement Area

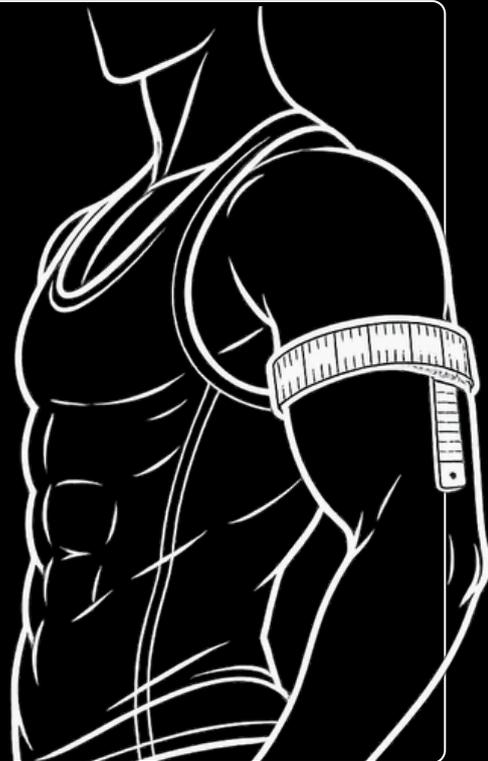
Measure the circumference of the upper part of your bicep. Use a flexible measuring tape for accuracy.

### Take Your Measurement

Wrap the tape snugly around the widest part of your bicep, ensuring it is level and not too tight.

### Match Your Measurement to the Size Chart

Refer to the chart below to find your size:



Size	Bicep Circumference
SML/MED	27cm - 33cm
LRG/XLG	33cm - 38cm

## Additional Tips

- For the most accurate measurement, have someone assist you.
- If your measurement falls between sizes, choose the larger size for a more comfortable fit.
- Always try on the sleeve to confirm the fit before first use.

## Why Fit Matters

A properly fitted Ghost Sleeve ensures maximum cut resistance, breathability, and comfort, allowing you to perform at your best in any tactical environment.